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(54) Title: METHODOLOGY FOR PREDICTING AND/OR DIAGNOSING DISEASE

(57) Abstract

Disorders are diagnosed by analyzing biological samples of ad libitum-fed and dietary-restricted individuals to generate frequency distribution patterns representative of molecular constituents of the samples, and comparing the patterns.

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METHODOLOGY FOR PREDICTING AND/OR DIAGNOSING DISEASE

2	Field of the Invention
3	This invention in one aspect relates to a method for predicting and/or
4	diagnosing diseases in living animals. The invention has particular utility in
5	diagnosing and/or predicting future risk of specific diseases in living animals and will
6	be described in connection with such utility, although other utilities are contemplated.
7	This invention in another aspect relates to identification of markers for diseases or
8	sub-clinical conditions that in the future may develop into diseases that are capable of
9	distinguishing groups, and to subsets of these markers, where the utility of such
0	markers can, for example, be determined by univariate, multivariate, or pattern
1	recognition based analyses, and/or where the markers identified as important by the
2	approach described also can be measured using other analytic approaches. The
13	invention has particular applicability to predicting risk to cancer, type II diabetes,
14	cardiovascular disease, cerebrovascular disease, and other diseases whose etiology has
15	been established to or hypothesized to be modified by diet or nutrition, i.e.
16	neurogenerative disorders such as Alzheimer's Disease, Parkinson's Disease and
17	Huntington's Disease {1}, and will be described specifically in connection its utility
18	for using serum or plasma metabolites for determining breast cancer risk; however,
19	other utilities and other tissue or biological fluid samples (e.g., whole blood,
20	cerebrospinal fluid, urine, and/or tissue samples) may be used instead of blood, and
21	diseases and conditions other than breast cancer also can be addressed, as noted
22	above. Similarly, in addition to disease, the assessment of nutritive status (over long
23	or short term), may be utilized in accordance with yet another aspect of the present
24	invention as a medical test under a variety of potential clinical settings, or in
25	controlling epidemiological or pharmaceutical testing. Still other utilities, e.g. for
26	detecting exposure to and/or sensitivity to exposure to toxins, are contemplated.
27	Background of the Invention
28	Dietary restriction (DR), i.e. underfeeding without malnutrition, has
29	established efficacy in reducing both degenerative and neoplastic diseases. DR has
30	been extensively explored since its first use in the 1930's because of its ability to
31	extend both mean and maximum life span, reduce age-related morbidity, and delay or

prevent certain age-associated physiological dysfunction {2, 3}. DR also alters many 1 basic physiological processes, including metabolism, hormonal balance, and the 2 generation of, detoxification of, and resistance to reactive oxygen species {4}. DR 3 can be implemented in multiple ways {e.g. 5-13}. Moreover, restriction of total 4 calories is believed to be more important than reducing intake of specific factors (e.g. 5 fat, proteins, vitamins and minerals, etc. {14, 15}). DR reportedly extends longevity 6 in essentially all animals in which it has been tried, including multiple mammalian 7 species (rat, mouse, guinea pig {2, 5-13, 16}). Furthermore, promising data suggest 8 that at least some of the benefits of DR, especially those regarding glucose 9 metabolism, also occur in non-human primates {17-21}, and perhaps, in humans as 10 well {22,23}. Together, these observations suggest that the DR effect is robust in 11 12 mammals. DR has been shown to reduce both incidence and severity of non-neoplastic 13 diseases. One example is the efficacy of DR against glomerulonephritis, periarteritis, 14 and myocardial degeneration in both male and female Sprague-Dawley rats. Similar 15 observations have been made in other strains and other diseases, such as lung disease 16 {25}. DR is also effective at preventing some strain specific disease, such as auto-17 immune disease in NZB/NZWF1 mice {26} and in MRL/lpr mice {27}, and 18 atherosclerotic {28} and myocardial ischemia lesions in JCR:LA-cp mice {29}. 19 DR also has been shown to reduce both incidence and severity of neoplastic 20 diseases. DR-mediated reduction of neoplasia includes delayed onset of leukemia, 21 pituitary adenomas, mammary and prostatic tumors, and hepatomas {30, 31}. 22 Observations of the effects of DR on mammary tumors {32-36} are typical. DR acts 23 to reduce breast cancer both by delaying onset (both by reducing initiation events and 24 slowing promotion) and by slowing tumor progression {30}. In transgenic mice prone 25 to mammary tumors, DR reduced tumor incidence by 67% {32}. This result reveals 26 that DR is capable of overcoming genetic predisposition to breast cancer. Studies 27 {33} in rats treated with a carcinogen demonstrated that high fat and high calorie diets 28 are co-carcinogenic, and that none of the rats maintained on 40% DR regimen 29 developed mammary tumors, while 60% of AL-fed rats did. Concerns that this effect 30 may have been partially mediated by reducing fat availability for tumor growth led to 31

later studies {34}. Despite a higher fat content in the DR diet, results show a 75% 1 reduction in rats with mammary tumors and in the number of tumors per animal in the 2 tumor-bearing group. Even more impressively, DR reduced total tumor yield, average 3 tumor size, and mean tumor burden by 93-98%. Notably, Sinha et al demonstrated 4 that even a 20% DR regimen reduces tumors by 65%, without effects on hormone 5 levels or fertility {35}. 6 Thus, DR mediated protection against breast cancer in laboratory models is: 7 1) substantial (as much as 100% reduction in cancer rates {32}) and highly replicable 8 {30-34}; 2) robust and well-documented in a variety of animal models, including a 9 model of genetic predisposition and a model of carcinogen exposure {31, 32}; 3) 10 seen even with a more moderate (20%) restriction paradigm that does not affect 11 fertility or hormone levels {34}; 4) effective at multiple levels (initiation, promotion, 12 progression). Thus, the present invention, in one aspect, is based on the observation 13 that different subsets of markers that reflect DR are predictive for different diseases. 14 For example, identifying markers, for example in sera, that reflect the DR phenotype, 15 would lead to markers that would reflect risk of developing breast cancer, or other 16 conditions affected by diet. 17 Consistent with its broad effects on longevity and disease, DR is a systemic 18 phenomenon, and its effects include measurable differences in blood constituents 19 relative to those seen in ad libitum fed (AL) animals {37}. Many previous studies 20 have focused on measurement of hormones. For instance, studies have shown 21 alterations in plasma corticosterone patterns and levels {38}; some female 22 reproductive hormones {39}, plasma chlecystokinin decreases 50% {40}; T3 but not 23 T4 is reduced {41}; and plasma insulin drops as much as 60% in some DR models 24 {42}. While informative, these studies have been somewhat limited by the technical 25 complexity involved (e.g. circadian cyclicity, rapid response to stimuli). Other studies 26 seeking more stable markers have examined markers of energy and free radical 27 metabolism, revealing that DR decreases plasma glucose, ascorbate (e.g. 43-45) and 28 glycohemoglobin levels {43}. Overall, the data indicates that differences in serotype 29 distinguish AL and DR animals, and that these differences include some metabolites 30 that are both relatively easy to assay and which reflect the beneficial effects of DR on 31

physiology, metabolism and free radical biology (e.g. generation, sensitivity, and
detoxification).

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While not wishing to be bound by theory, since the AL and DR serotypes reflect robust physiological differences between these groups, it is believed that these serotypes include metabolites or metabolite profiles that cross-species and predict relative risk for the development of disease in humans. Data consistent with this concept comes from studies showing that the effect of DR on breast cancer is largely driven by chronic effects (termed promotion) rather than acute effects (termed initiation {30, 31}). These data would imply that relative risk of developing breast cancer is likely reflected in general metabolism over long periods of time. Relative risk should thus be detectable in sera long before the development of overt disease. In the case of humans, who lie on a broad spectrum with respect to caloric intake, it is believed that closer fit to the AL serotype (i.e. the biological response typical of a high caloric intake) would predict higher relative risk of disease, whereas greater fit to the DR serotype (i.e. the biological response typical of a lower caloric intake) would be associated with reduced risk. While previous studies demonstrated differences between AL and DR animals, they were believed only able to look at specific, predetermined markers, making it essentially impossible to conduct a sufficiently broad and powerful search to identify markers of use for determining nutritional status or predicting health across species.

Summary of the Invention

The present invention provides a system, i.e. method and apparatus, for determining differences in concentrations of molecules, in particular small molecule metabolites, between animals whereby to create a metabolite database which may be used to reproducibly distinguish between two or more states of the health or the nutritive status of an animal. More particularly, the present invention employs analysis techniques to provide a small molecule inventory for metabolic pathway patterns of samples of ad libitum fed (AL) and dietary restricted (DR) individuals whereby to reproducibly distinguish between different dietary status of animals, between health conditions of animals, and to reproducibly predict relative risk for the development of a particular disease in animals.

1	The basis for this approach is that sufficient specific, reproducible, measurable
2	changes exist in the overall biochemistry of small molecule metabolites among the
3	different states to reproducibly distinguish the two (or more) states of interest.
4	Different entities and/or sub-sets or combinations of markers can be used to identify
5	different diseases or sub-clinical conditions. An HPLC-electrochemical analysis
6	based approach in accordance with U.S. Patent No. 4,863,873, which is incorporated
7	herein by reference, has facilitated creation of a database for the constituents of AL
8	and DR serum.
9	Description of the Drawings
10	For a fuller understanding of the nature and objects of the present invention,
11	reference should be had to the following detailed description taken in conjunction
12	with the accompanying drawings wherein:
13	Figure 1 is a chromatographic method pump profile in accordance with the
14	present invention;
15	Figures 2A-2C are array chromatographs of serum samples in accordance with
16	the present invention;
17	Figure 3 is a table of biochemically identified serum metabolites in accordance
18	with the present invention;
19	Figure 4 is a bar graph of biochemically differentiated serum metabolites in
20	accordance with the present invention;
21	Figures 5A and 5B are dendograms and Figures 5C and 5D are PCA patterns
22	of biochemically differentiated serum metabolites in accordance with the present
23	invention; and
24	Figure 6 is a table of biochemically identified subsets of serum metabolites in
25	accordance with the present invention.
26	Detailed Description of Preferred Embodiment
27	Methodology for Sample Analysis and Database Creation
28	Sample preparation:
29	Blood was collected from male Fischer 344 rats by terminal exsanguination
30	following decapitation in accordance with standard animal usage guidelines. Sample

were placed on ice for 30 minutes, centrifuged, and the resulting sera snap frozen in 1 liquid nitrogen and stored at minus (-) 80°C until analysis. 2 Samples were precipitated and extracted in four vol of acetonitrile(An)/0.4% 3 acetic acid(HAc) at -20°C. One ml of centrifuged supernatant was removed, 4 evaporated to dryness under vacuum, and reconstituted in 200 ml of a Mobile Phase A 5 as described below. This protocol conserves reactive species such as ascorbate, and 6 homogentistic acid at 1 ng/ml concentrations. 100 ml reconstituted extract was placed 7 in each of two auto sampler vials, one immediately analyzed and the other frozen at -8 80°C for future confirmation analysis. Prior to injection, samples were maintained at 9 10 4°C. Mobile Phases: Chromatographic solvents include isopropyl alcohol, 11 methanol, acetonitrile, lithium hydroxide, glacial acetic acid, and pentane sulfonic 12 acid. To retain stability of retention times and response potentials, a novel mobile 13 phase pair was developed: Mobile Phase A (11 g/l of PSA at pH 3.00 with acetic 14 acid) and Mobile Phase B (0.1M LiAc at pH 3.00 with acetic acid in 80/10/10 15 methanol/An/ isopropanol). PSA demonstrates an improved ability to solubilize and 16 remove protein and peptide fragments from both HPLC (C18) columns and 17 coulometric detectors while the high organic modifier (Mobile Phase B) effectively 18 removes residual lipids and polysaccharides. Sulfonic acids are, however, inherently 19 contaminated necessitating a cleaning protocol in which the PSA/HAc concentrated 20 buffer (41 of 400g/l PSA) was electrolyzed over pyrolytic graphite at a potential of 21 1000 mV vs Pd(H). 22 Chromatographic Methods: Referring to Fig. 1, the chromatographic method 23 involves a 120 min complex gradient from 0% Mobile Phase B to 100% Mobile Phase 24 B, with flow rate adjusted to compensate for aziotropic viscosity effects. Gradient 25 operation was provided by two Schimadzu LC-10AD HPLC pumps. Despite 26 meticulous precleaning protocols, and the use of highly purified solvents and selected 27 organic modifiers, spurious peaks occur late in the gradient. This problem was 28 addressed by developing a device based on electrochemically activated porous carbon 29 with sorption characteristics similar to C18. A prototype peak suppresser/gradient 30 mixer (PS/GM) was placed in stream before the HPLC injector. The PS/GM mixer 31

incorporated a 2 cm length of a 1 cm diameter C18 precolumn integral with a 2.5 cm 1 section of rod with flow interrupting grooves that serve to trap and spread mobile 2 phase contaminants. When these were released to the grooved section, during the 3 gradient run, they were mixed to a peak width at a half height of ca. 140 sec. This effectively reduced a mobile phase derived contaminant signal to a wave that was later 5 eliminated during data reduction. The mixed gradient was delivered from the PS/GM 6 to a PEEK lined pulse damper prior to flowing through the auto sampler injector and 7 on to the C18 columns. Sample extracts were separated on dual PTFE lined HR80 8 columns containing 3-mm ODS particles and measuring 80 mm x 4.6 mm I.D. 9 Analyte detection was accomplished with a NCA Chemical Analyzer, Model 10 CEAS multiple electrode electrochemical detection system, available from ESA, Inc., 11 of Chelmsford, Massachusetts. The latter includes an ESA Model 6210 analytical cell 12 and a 16-channel coulometric electrode array incremented from -100mV to +940mV 13 to detect both reducible and oxidizable compounds. PS/GM, pulse damper, columns, 14 and detectors are contained within a temperature controlled enclosure maintained at 15 35°C. System functions were controlled by the ESA, Inc. Model 4.12C CEAS 16 software installed on a 386 microcomputer networked to remote 486-based computers 17 where data storage, reduction and analysis were accomplished. CEAS analysis 18 software-produced reports were imported to spreadsheet/database software for further 19 statistical analysis and reports. 20 Data Reduction, Observation and Analysis: Chromatographic retention times, 21 monitored by pure standards and identified sample compounds, do not vary more than 22 1%. The absolute qualitative channel ratio responses do not vary by more than 20% 23 and were controlled for by inclusion of authentic standards to within 5%. Where 24 possible, sample chromatographic peak identities were confirmed by spiking with the 25 relevant authentic standard. Final confirmation was made by comparison of the 26 matching ratio (R) of the standard and the sample peaks. R represents the ratio 27 between the dominant oxidation channel and juxtaposition subdominant channels. A 28 given compound is oxidized at a specific potential and therefore any compound can be 29 described by a retention time and a potential. In practice, compounds were oxidized 30 on a dominant detector set near its oxidation potential and exhibited a smaller 31

response on the prior and following detector. The ratio exhibited between the dominant and adjacent detector responses was characteristic of a given compound and variations from that ratio, when a standard was close in concentration to a sample compound, indicated a co-eluting contaminant.

Data from each detector analog signal was converted and combined with other detector data to construct a time-potential map, which was compared with standards and between samples. Analytical values were calculated for sample peaks based on matches under restrictions for retention time, detector channel ratios and, to a lesser degree, peak heights, according to priority optimized by the analyst over sequential monitored analysis. Where compound identity is known, final results were calculated as ng per ml of sample based on standard responses.

To automate analysis, a compound table was generated from a pool of multiple samples in a cohort with concentrations defined as 100. Subsequent sample analysis generates reported values as percentage of pool values. This table was used to analyze (initially with manual oversight, then automatically) all other pools and a few samples within the study. The CEAS analytical software has a built in "learning" capacity, which is inherently part of the "standards" definition function of the analysis. As the operator oversaw a few analyses, decisions were made about parameters such as referencing retention times to other compounds or what degree of variation from the channel ratio's will be tolerated. Conflicts and ambiguity in analysis were monitored and resolved during this test phase of the analysis. Eventually, the pool standard table will "learn" how reliably to find a majority of the potential analytes in the samples. Typically >400 compounds were resolved in plasma at the 20 nanoampere gain. Reported values were captured in a file suitable for downloading into a database.

Example I

The use of complex HPLC separations, coupled with coulometric array detectors, enables simultaneous quantitation of >400 compounds from serum (Figure 2A). The combination of retention time (Figure 2B) and ratio of response across adjacent detectors (Figure 2C) in the array enables reproducible identification of a given peak in multiple runs and comparison of samples of interest such as sera from AL and DR rats. In all, ~70 biochemically identified compounds and 350+ currently

unidentified compounds were reproducibly measured using these techniques. See 1 Table I, Fig. 3. 2 HPLC separations coupled with coulometric array detection 3 Data was initially generated by CEAS/Coularray systems in the form of a set 4 of 16 chromatograms (one for each detector). Figure 2A shows approximately one-5 fifth of a total chromatogram, including ~70 independent, identifiable and quantifiable 6 peaks, from a 6-month old male Fischer 344 rat. Sensor potentials ranged from T, -7 100 mv to T_{16} +940mv. Results were shown at an intermediate gain (200 nA). The x 8 axis is retention time, y-axis is the magnitude of the response, the 16 parallel traces 9 represent the 16 detectors of the array from 1-16 (bottom to top). Figure 2B shows a 10 later section of the chromatogram from 3 AL rats (top three traces) and 3 DR rats 11 (bottom three traces). For clarity, only data from channel (detector) 8 is shown (gain 12 = 500 nA). Arrows indicate two metabolites that are decreased by DR. Figure 2C 13 shows the region of the chromatogram from Figure 2A (compound 123, see Figure 4) 14 from one AL (top) and one DR (bottom) animal (gain 15 uA). As in Figure 2A, the 15 16 parallel traces represent the 16 detectors of the array from 1-16 (bottom to top). 16 Note that the ratio of response across the detectors is constant. 17 Application of this technology to the study of sera from AL and DR rats has 18 revealed 34 compounds that differ between these groups (Figure 4). Of these 34 19 compounds, 6 are reproducibly altered in both 6 and 12 month rats, and at least five of 20 these six are also altered in 18 month rats. The remaining 28 markers include some 21 with apparent age-specificity and others whose validity is still under investigation. 22 These markers, which were originally identified in 6-month old AL and DR rats, 23 differ sufficiently between AL and DR groups to separate animals into the correct 24 dietary group by both hierarchical cluster analysis and principal component analysis 25 (Figure 5A and 5B). 26 To verify feasibility, the HPLC system described above was used to determine 27 the relative levels of 217 metabolites from the sera of 6 month old male AL and DR 28 Fischer 344 rats. Analysis revealed 22 metabolites that differed between AL and DR 29 rats by t-test without consideration for the Bonferroni correction (See Figure 4). 30 These 22 compounds (see Table II, Figure 6) became the primary variables of interest 31

in a follow-up study (N=8/group, 12 month AL and DR Fischer 344 rats). Analysis of these data confirmed statistical significance of 6 of these 22 compounds (marked by 2 asterisks in Figure 4). Furthermore, five of these six also statistically differ between 3 18 month old AL and DR rats (p values <0.02, <0.002, <0.001, <0.0002, <0.0001); 4 the sixth (metabolite #71 which was determined to be homovanillic acid) showed a 5 similar trend, but p>0.05 (β <0.1, suggesting increasing "N" likely will yield statistical 6 significance). The remaining 16 compounds, as well as 12 compounds that were 7 statistically significant only in the 12 month samples, likely included some that are 8 type I statistical errors, some that may be statistically significant when "N" is 9 increased (\(\beta\) currently <0.8 for many, some of which approach statistical significance 10 in the second age group), and some metabolites may only reflect the DR phenotype at 11 specific ages. Further experiments using the methods described can be used to 12 distinguish between these possibilities, and also to identify other markers of interest. 13 Also, another compound was found to decrease >99% following short term caloric 14 restriction. 15 As will be seen from the foregoing Example, alteration of the dietary paradigm 16 on which animals are maintained can be used to develop specialized patterns or 17 profiles. As examples, tests of male and female rats of different ages enable 18 identification of age- and sex-dependent and -independent profiles associated with 19 DR. Specific changes in the duration and extent of DR feeding regimens enable 20 generation of an extended metabolic database relating markers to long- and short-term 21 caloric intake and balance. 22 Similarly, the resulting data can be analyzed using univariate statistics (e.g., t-23 tests), multivariate statistics (e.g., ANOVA) or other multivariate analysis 24 (hierarchical cluster analysis, principal component analysis) or through the use of 25 pattern recognition algorithms to qualitatively and quantitatively identify metabolic 26 profiles and relationships. 27 Serum Markers for DR 28 Referring to Figure 4, sera samples from male Fischer 344 rats were run on an 29 ESA Model CEAS as described above. Sera from 6-month old and 12 month old AL 30 and DR rats were analyzed (N= 8/group). Data was expressed as the percentage of the 31

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level of analyte present in the sera of one of the 6-month old AL rats. Bars to the left 1 of the vertical line represent compounds that differ statistically between 6 month old 2 AL and DR rats; those bars to the right represent compounds that differ statistically 3 between 12 month old AL and DR rats. Asterisks mark the 6 compounds that differ 4 statistically in both groups (bars show only 6 month data; p values below are the value 5 at 6 months). Out of 217 analytes quantified to date, 34 show p values <0.05 prior to 6 Bonferroni corrections, (uncorrected p values, in order {left of line} $p \le 0.0008$, 7 $0.0008,\, 0.001,\, 0.001,\, 0.005,\, 0.0073,\, 0.0089,\, 0.0091,\, 0.012,\, 0.012,\, 0.013,\, 0.014,$ 8 9 $0.0017,\, 0.0027,\, 0.003,\, 0.0075,\, 0.011,\, 0.014,\, 0.014,\, 0.016,\, 0.023,\, 0.034,\, 0.035, 0.04).$ 10 Observations: 11 The data in Figures 2 and 4 show that it is possible to identify metabolic 12 differences in known groups; Figure 5 shows the reciprocal -- that the metabolic 13 profiles generated by coulometric array technology include sufficient information to 14 identify the group to which a sample belongs. Thus, metabolic profiles reflective of 15 long term DR may be used to group human samples, and the groups generated may in 16 turn reflect the samples' identity (e.g., women who later developed breast cancer vs 17 women who remained cancer free), and persons at high risk for development of 18 disease vs persons at low risk for development of disease). 19 There are five components linking the methodology of the present invention to 20 its utility. The first is the ability to identify an animal system in which disease 21 frequency is reproducibly reduced. This is accomplished by using the dietary 22 restricted rats, which have robustly increased longevity and decreased morbidity as 23 compared with their ad libitum fed counterparts. The second is a methodology that 24 enables us to capture serum components that differ between ad libitum and dietary 25 restricted rats. Direct evidence for the utility of our invention to complete this 26 component is shown in Figures 2B, 2C, 4 and 5. The third is based on the observation 27 that the metabolites identified are sufficient to group animals by caloric intake. This 28 is shown in Figure 5. The fourth component is based on the observation that at least

some of the markers (metabolites) identified in non-human species can be identified

in humans. This is true because of the overall similarity between the metabolism of

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all mammals. Direct confirmation has been previously demonstrated by Milbury et al. 1 2 in their comparative studies of the bear and humans {46}. Finally, the fifth component is the ability of these markers, or subsets of them, to predict disease risk or 3 4 diagnose disease in humans. This follows from the general similarity of metabolism between mammals, the strong association of many human diseases with caloric intake 5 6 (e.g., some cancers, type II diabetes, cardiovascular and cerebrovascular diseases), and 7 the established efficacy of DR against most forms of morbidity. Furthermore, the method for determining which subsets of markers have utility includes generation and 8 9 verification of markers in animals coupled with testing these markers in human 10 populations using methods developed for human epidemiology. Intermediate steps, 11 such as testing multiple patterns in humans with defined nutritional intake, may be 12 used to facilitate and strengthen the approach. 13 Figure 5 shows the grouping of the sera samples from 6 and 12 month old rats based on the metabolites that were identified as differing between 6-month old AL 14 and DR rats. The dendrograms in Figure 5 (panels A and B) were generated using the 15 hierarchical cluster analysis package from the Einsight data analysis package. 16 Hierarchical cluster analysis is a method of data analysis that emphasizes the natural 17 18 groupings of the data set. In contrast to analytical methods that emphasize distinguishing differences between two groups, hierarchical cluster analysis uses 19 algorithms that reduce complex data sets to establish these groups without 20 preconceived divisions. In this dendrogram, relative similarity within the total study 21 22 population increases as one moves from right (0.0) to left (1.0, biochemical identity) 23 on the horizontal axis. The smaller the distance is from identity (left side) to the point 24 at which two samples (groups) are linked by a vertical line, the greater the relatedness 25 of the two samples (groups). Alternatively, the closer the split between two samples is to the right of the figure, the greater the disparity between two samples or groups of 26 27 samples. Additional analyses were also conducted using Eigenvector or principal 28 component analysis (PCA), which determines those analytes that contribute most 29 heavily to the separation of groups (panels C and D of Figure 5). In this type of 30 analysis, the two PCA components that were most significant at explaining the 31

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variation in the database are termed PC 1 and 2, respectively. Relative mathematical 1 values were assigned to the two groups of analytes that best discriminate the data set 2 (PC-1 and PC-2, exact values are arbitrary). A scattergram then was plotted using the 3 PC-1 value for the X axis and the PC-2 value for the Y-axis. In the context of the 4 current invention, principal component (Eigenvector) analysis enabled us to identify 5 which of the multiple compounds that may differ between AL and DR animals were 6 the most useful for classification purposes. This analysis also gives a means of 7 estimating the consequences of removing different analytes from the profiles. This 8 type of analysis permits us readily to determine which analytes contribute the most to 9 our ability to distinguish members of one group from members of another (e.g., 10 humans at high risk for developing a specific disease vs humans not at high risk for 11 developing that disease). 12 As shown in Figure 5, data of sufficient power can be generated such that both 13 hierarchical cluster analysis and principal component analysis were able to separate 14 the rat sera by dietary group in both the initial cohort of 6 month old rats (with 100% 15 accuracy, Figure 5A and 5C) and two independent cohorts of 12 and 18 month rats 16 (with >85% accuracy, Figures 5B and 5D. The initial group confirms a series of 17 markers that, by themselves, retain a sufficient fraction of the information present in 18 sera to enable one to correctly identify the origin of the samples. More importantly, 19 the studies in the two independent data sets reveal that the data is able to identify a 20 series of markers with sufficient power to correctly identify >85% of unknown, 21 independent samples. Equally successful separation was achieved at all three ages 22 regardless of whether all 22 markers were used or just the 6 markers that differed in 23 both 6 and 12 month samples. Misclassifications were limited to a small subset [2-4 24 rats] of the cohort, and were dependent on the markers used (6 or 22) and the exact 25 algorithms used to conduct the analysis. 26 Serum Markers Distinguish AL and DR Rats 27 The 22 serum metabolites identified as potential markers in 6 month old AL 28 and DR rats (Figure 4, left of vertical line) and the 6 markers shown to be replicable 29 in 6 and 12 month old rats (Figure 4, asterisks) were used to determine groupings of 3 30 sets of AL and DR rats (6, 12, and 18 months, 18 month data not shown). Rat

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designations (e.g., A1) are consistent within age groups (vertically, e.g., A1 in Figs. 1 5A and 5C are the same rat, but A1 in Figs. 5A and 5B are not). Both hierarchical 2 cluster analysis (A,B) and principal component (Eigenvector) analysis (C,D) of the 3 data are shown. (A) Dendrogram of analysis of the sera from 14 6 month old rats. 4 All 22 compounds were used to determine the natural groupings, but similar results 5 were also obtained using only the 6 replicable markers. (B) Dendrogram of analysis 6 of the sera from 15 12 month old rats (independent test set). All 22 compounds were 7 used to determine the natural groupings. Similar results were also obtained using only 8 the 6 replicable markers and in samples from 18 month old rats. (C) Principal 9 component analysis of sera from the 14 6 month old rats using all 22 markers. Similar 10 results were also obtained using only the 6 replicable markers. (D) Principal 11 component analysis of the sera from the 15 12 month old rats in the independent test 12 set using the 6 replicable markers. Similar results were also obtained using all 22 13 markers as well as in samples from 18 month old rats. All analysis was based on first 14 pass data -- meaning that the HPLC data analysis software required no further training 15 and no human intervention to collect data of sufficient quality to distinguish AL and 16 DR rats. 17 The data presented in Figures 2, 4 and 5 demonstrate that the present invention 18 permits identification markers that reproducibly differ between AL and DR rats, and 19 that metabolite profiles based on these markers are sufficiently powerful to assign sera 20 samples into correct dietary groups by hierarchical cluster analysis and principal 21 component analysis with >85% accuracy -- even when these phenotypes may be 22 partially obscured by age-related and/or individual variation. Increasing the "N" will 23 readily increase the accuracy and power of these results by generating larger, and thus 24 more informative, training sets, and by increasing the signal-to-noise ratio by 25 removing noninformative metabolites from the profiles. Furthermore, building 26 extended databases using rats maintained on specifically modified feeding regimens 27 will enable one to parse out metabolites and metabolic profiles to increase power (e.g., 28 one can identify markers that reflect a short term diet and distinguish those which 29 reflect a truly long term reduced caloric intake). Both of these sets of markers may 30 have utility for different uses. Finally, the data obtained can be analyzed by 31

univariate, multivariate, or pattern recognition based analyses, and that these analyses
may detect utility not seen with other analyses.

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It thus appears that HPLC with coulometric-array detectors advantageously may be employed to identify specific chemical markers, i.e. metabolites, sets of metabolites, and/or metabolic profiles (detected in sera or other biological samples) that separates AL from DR rats or other animals, and that such metabolites, sets of metabolites, or metabolic profiles in turn may be used to diagnose or predict disease states or future risks of diseases. Such diseases may include degenerative diseases such as diabetes, in particular, type II diabetes, cardiovascular disease, stroke, heart attack, cerebrovascular disease, and other diseases whose etiology has been established to or hypothesized to (e.g., Alzheimer's {1}) be modified by diet or nutrition, although utility in other diseases is also considered, including, neoplastic and non-neoplastic diseases, such as breast cancer, colon cancer, pancreatic cancer, lymphoma, prostrate cancer and leukemia, neurological diseases, neurodegenerative diseases, autoimmune diseases, endrocrine diseases, renal disease, Huntington's disease, Parkinson's disease, Lou Gehrig's disease, and the like, as well as sensitivity to toxins, e.g. industrial and/or environmental toxins. Moreover, applying the technique of the present invention to a larger number of samples will permit one to observe greater number of chemical pattern characteristics, and to identify new chemical patterns and/or new markers specific to particular diseases and/or subclinical conditions that in the future may develop into a specific disease. In turn, this may permit early intervention and thus possibly head off the development of the disease. The invention also advantageously may be employed for diagnosing other disease conditions, or sub-clinical conditions, i.e. before observable physical manifestations, that in the future may develop into disease conditions. Similarly, in addition to disease, the assessment of nutritive status may be useful as a medical test under a variety of potential clinical settings, or in controlling epidemiological or pharmaceutical testing, although other utilities are contemplated.

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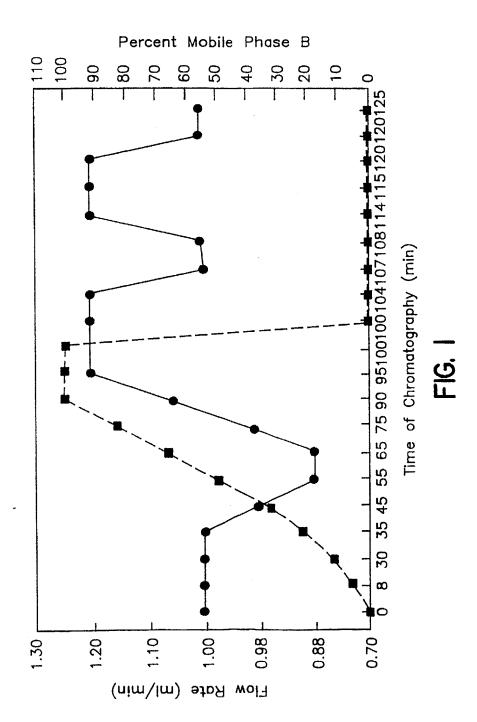
2 1. In a method for diagnosing and/or predicting disorders in which

- 3 biological samples are analyzed to generate frequency distribution patterns
- 4 representative of molecular constituents of said samples, the improvement which
- 5 comprises comparing frequency distribution patterns of constituents of samples of ad
- 6 libitum-fed and dietary-restricted individuals.
- 7 2. A method according to claim 1, wherein said samples comprise body
- 8 fluids.
- 9 3. A method according to claim 2, wherein said body fluids are selected
- 10 from the group consisting of serum, plasma, platelets, saliva and urine.
- 11 4. A method according to claim 1, wherein said disorder is selected from
- 12 the group consisting of neoplastic or non-neoplastic disease, cardiovascular or
- cerebrovascular disease, renal disease, autoimmune disease, neurological or
- 14 neurogenerative disease, endocrine disease, and diabetes.
- 15 5. A method according to claim 1, wherein said disorder is selected from
- 16 the group comsisting of breast cancer, colon cancer, pancreatic cancer, lymphoma,
- 17 prostrate cancer and leukemia.
- 18 6. A method according to claim 1, wherein said disorder comprises
- 19 glomerulonephritis.
- 20 7. A method according to claim 1, wherein said disorder comprises
- 21 periarateris.
- 22 8. A method according to claim 1, wherein said disorder is selected from
- 23 the group consisting of myocardial degeneration, heart disease and stroke.
- 24 9. A method according to claim 1, wherein said disorder comprises
- 25 altherosclorosis.
- 26 10. A method according to claim 1, wherein said disorder comprises
- 27 pituitary adnoma.
- 28 11. A method according to claim 1, wherein said disorder comprises type II
- 29 diabetes.
- 30 12. A method according to claim 1, wherein said disorder comprises
- 31 sensitivity to toxins.

1 13. A method according to claim 1, wherein said comparison is conducted 2 using univariat statistics.

14. A method according to claim 1, wherein said comparison is conducted using multivariat statistics.

- 5 15. A method according to claim 1, wherein said comparison is conducted 6 using hierarchical cluster analysis.
- 7 16. A method according to claim 1, wherein said comparison is conducted 8 using principal component analysis.
 - 17. A method according to claim 1, wherein said comparison is conducted using pattern recognition algorithms to qualitatively and quantitatively identify metabolic profiles and relationships.
 - 18. A method according to claim 1, wherein said biological samples comprise electrochemically active compounds, and including the steps of passing said fluid samples sequentially through a liquid chromatographic column for achieving time-space separation of the materials eluting from the column, and an electrochemical detection apparatus whereby to generate electrochemical patterns of said electrochemically active compounds.
 - 19. A method according to claim 18, including the step of separating said electrochemically active compounds by electrochemical characteristics in said electrochemical detection apparatus.



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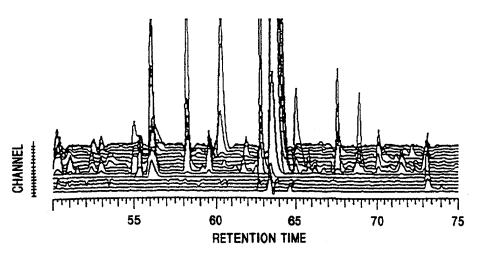


FIG. 2A

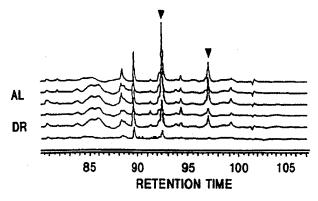


FIG. 2B

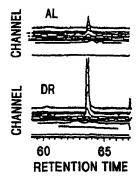


FIG. 2C

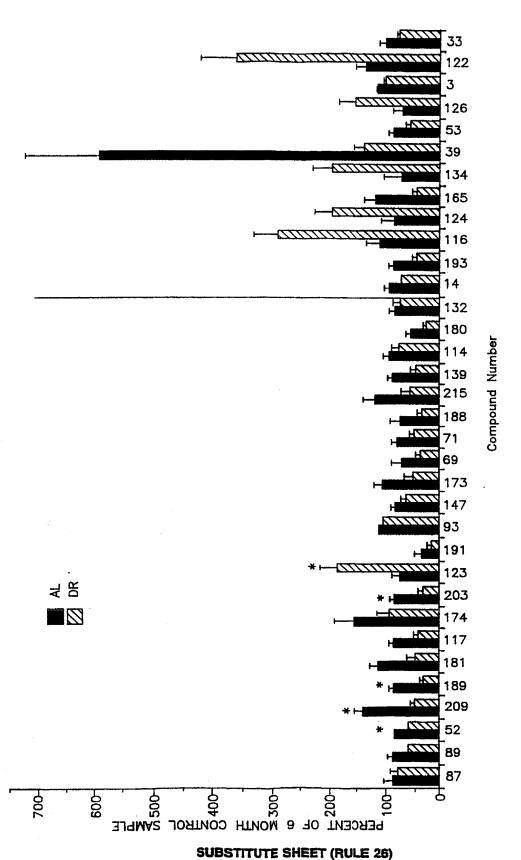
SUBSTITUTE SHEET (RULE 26)

a-methythistidine 1-methylhistidine 2-hydroxyphenylacetic acid 3,4-dihydroxymandelic acid 3,3,5-triiodothyronine 3.4-dihydroxyphenylacetic acid 3.0-methyldopa 3-hydroxy-4-methylphenethylamine 3-hydroxyanthranilic acid 3-hydroxykynurenine 3-hydroxymandelic acid 3-hydroxyphenylacetic acid 3-methoxy-4-hydroxyphenylglycol 3-methoxytyramine 3-methylhistidine 4-hydroxy-3-methylmandellic acid 4-hydroxybenzoic acid 4-hydrocyphenylacetate 4-hydrocyphenylacetate 4-0-methyldopamine 5-hydroxyindoleacetic acid 5-hydroxytrptophan 5-hydroxytryptophol 5-methoxytryptamine 5-methoxytryptophan 5-methoxytryptophol 5-methylcysteine 6-hydroxymelatonin 7-methylguaninne 7-methylxanthine acetylhistidine anserine anthranillic acid ascorbic acid camosine cysteine dopamine

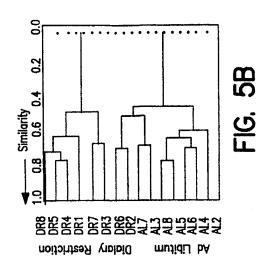
epinephrine

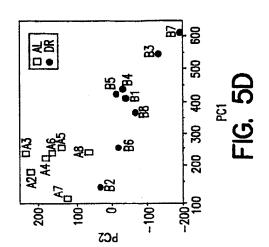
ferulic acid alutathione glutathione disulfide quanine homocamosine homogentisec acid homovanillic acid homovanyllyl alchohol homoveratic acid hypoxanthine indole-3-lactic acid indole-3-propionic acid indoleacetic acid isatin isoproterenol kynurenine levodopa melatonin metanephrine methionine methoxamine n-acetylserotonin n-methylserotonin norepinephrine normetanephrine pyridoxal serotonin tryptamine tryptophan tryptophol tyramine tyrosine uric acid vanillic acid vanillylmandelic acid xanthine xanthosine

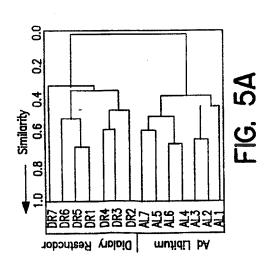
FIG. 3

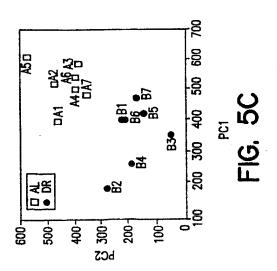


-lG. 4









		Retention Time	Array Channe	Aprox. I Oxidation Potential
Compound	52	26.37	10	530
Compound	55	27.98	9	460
Compound	69	35.08	16	950 or higher
Compound	87	46.83	16	950 or higher
Compound	89	49.72	8	390
Compound	93	51.92	8	390
Compound	114	59.81	16	950 or higher
Compound	117	62.16	7	320
Compound	123	63.30	16	950 or higher
Compound	132	67.24	14	810
Compound	139	69.78	11	600
Compound	147	72.18	8	390
Compound	173	81.82	9	460
Compound	174	83.88	6	250
Compound	180	88.61	13	740
Compound	181	88.57	10	530
Compound	188	92.24	10	530
Compound	189	92.43	9	460
Compound	191	93.79	5	180
Compound	203	96.99	8	390
Compound	209	98.53	6	250
Compound	215	101.64	10	530

FIG. 6

INTERNATIONAL SEARCH REPORT

International application No. PCT/US99/06762

A. CLASSIFICATION OF SUBJECT MATTER IPC(6) : C12P 31/00, 29/00, 7/38						
US CL: 435/149, 63, 64 According to International Patent Classification (IPC) or to both national classification and IPC						
	DS SEARCHED					
	ocumentation searched (classification system followed	by classification symbols)				
U.S. :	435/149, 63, 64					
Documentati	ion searched other than minimum documentation to the	extent that such documents are included	in the fields searched			
Electronic d	ata base consulted during the international search (nat	me of data base and, where practicable	search terms used)			
Please See	e Extra Sheet.					
C. DOC	UMENTS CONSIDERED TO BE RELEVANT					
Category*	Citation of document, with indication, where app	propriate, of the relevant passages	Relevant to claim No.			
Y	Database MEDLINE on STN Acc. No Nutritional Index in heart disease in chi de cardiologia. December 1990, Vol. see abstract.	ldhood. Arquivos Brasileiros	1-19			
A	Database MEDLINE on STN, AN 91108912, Liver function tests abnormalities in patients with inflammatory bowel disease receiving artificial nutrituion: a perspective randomized study of total enteral nutrition versus total parenteral nutrition. Abad-Lacruz et al. November-December 1990. JPEN J. Parenteral and Enteral Nutrition, Vol. 14, No. 6, pages 618-621.					
Furt	her documents are listed in the continuation of Box C.	See patent family annex.				
<u></u>	pecial categories of cited documents:	*T* later document published after the int				
'A* do	ocument defining the general state of the art which is not considered	date and not in conflict with the app the principle or theory underlying th	s invention			
1	be of particular relevance arlier document published on or after the international filing date	"X" document of particular relevance; the considered novel or cannot be considered.	e claimed invention cannot be			
1.7.	new and which may throw doubts on priority claim(s) or which is	when the document is taken alone	TOO TO SELECTED ST. ST. MILLS ST. B.			
i ci	cited to establish the publication date of another citation or other special reason (as specified) document of particular relevance; the claimed invention cannot be considered to involve an inventive step when the document is					
	ocument referring to an oral disclosure, use, exhibition or other leans	combined with one or more other suc being obvious to a person skilled in	h documents, such combination			
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Date of the	actual completion of the international search	Date of mailing of the international se	arch report			
17 JUNE	: 1999	14 JUL 1999				
Commissi Box PCT	Name and mailing address of the ISA/US Commissioner of Patents and Trademarks Box PCT Authorized officer GEETHA P. BANSAL					
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INTERNATIONAL SEARCH REPORT

International application No. PCT/US99/06762

	B. FIELDS SEARCHED Electronic data bases consulted (Name of data base and where practicable terms used):
	MEDLINE, BIOSIS, EMBASE, SCISEARCH USPATFULL
	search terms: diagnosis, disease or disorder, nutritional status, metabolic process, predict disorders
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